

From the publisher of *Our State*

north carolina signature

modern style. original homes. easy living.

our guide to

quiet escapes

15 places to relax
in Raleigh, Asheville,
Charlotte, and beyond

a
New York story
North Carolina style
p.82

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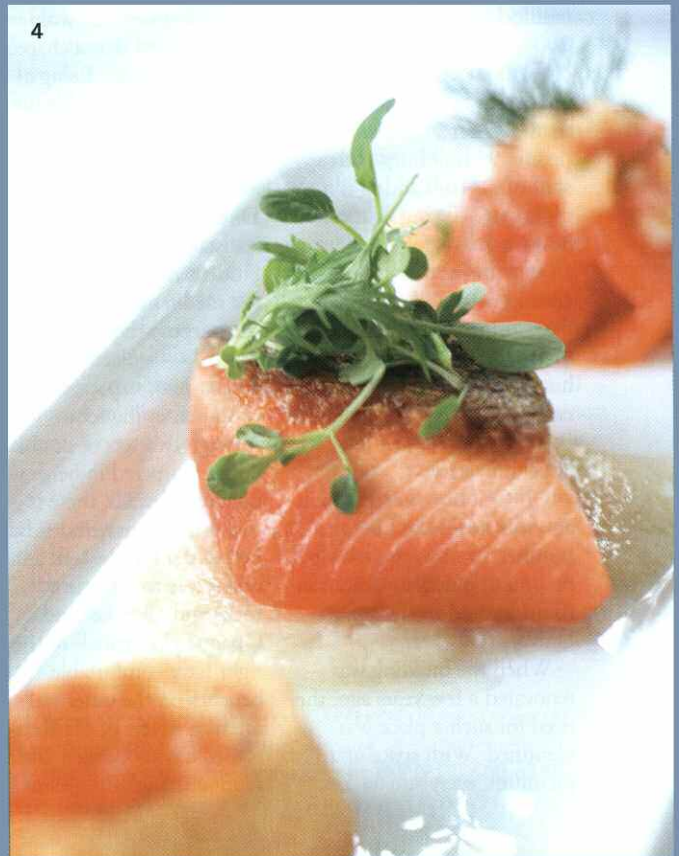
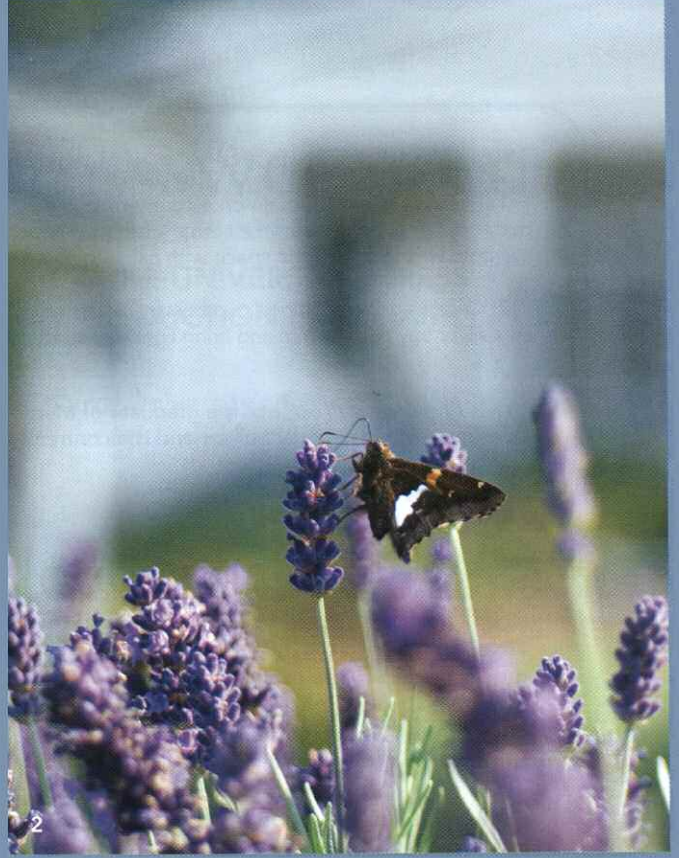
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At home with Carolina Panther Mike Rucker



all aglow

WESTGLOW RESORT & SPA

A weekend away at Westglow is a sure path to peace.

Written by *Carol Timblin*



GETAWAY

After discovering Blowing Rock in 1886, artist/writer Elliott Daingerfield was so inspired by the serenity and beauty of the surrounding Blue Ridge Mountains that he returned every summer and eventually built a home called “Westglow” in 1916. He described the surrounding vistas of his summer home as “never glaring, always glowing throughout the shadows, clouds or mist.”

Now Westglow Resort & Spa offers the same opportunities for rest, relaxation, and renewal that Daingerfield found so long ago.

Along with the original Manor House and the less-formal cedar lodge and cottages (all available to overnight guests); the 20-acre site houses the Life Enrichment Center, complete with a European-style luxury spa, indoor pool, whirlpool, saunas, and full-service contemporary salon; and Rowland’s, featuring “an indulgent menu with a wealth of decadent choices,” as well as a spa menu. Many guests come for face and body treatments or health and fitness therapies at the spa, often taking home with them Westglow’s signature spa products.

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| <ol style="list-style-type: none"> 1. Diffuse tension in the relaxation lounge. 2. Try lavender-scented aromatherapy. 3. Indulge in a hot stone massage. 4. Rowland’s Restaurant features inspired cuisine. 5. The sun deck 6. The Manor House | <p>Others happily pursue activities such as tennis, swimming, mountain hiking, and croquet on-site. Last year <i>Travel + Leisure</i> named Westglow Resort & Spa one of the top ten destinations spas in the world. □</p> |
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Westglow Resort & Spa

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