



ROWLAND'S

AT WESTGLOW RESORT & SPA

SPA MENU



STARTERS

Braised Prince Edward Island Mussels

Bouillabaisse Broth

\$8

Heirloom Tomato Salad

Garden Greens, Aged Balsamic

\$9

Hawaiian Blue Spot Prawns

Tomato, Edamame, Garlic

\$11

Rowland's House Salad

Charlotte's Greens, Garden Vegetables, Champagne Vinaigrette

\$6



ENTRÉES

Pan Seared Diver Scallops

Belgian Endive, Grape

\$26

Miso Marinated Sea Bass

Chinese Black Rice, Baby Bok Choy

\$29

Rowland's Prime Aged Filet Mignon

Seasonal Vegetables

\$29

Pan Roasted Springer Mountain Farms Chicken

French Green Lentils, Sauce Gribiche

\$23

Lemongrass Steamed Halibut

Green Bamboo Rice, Mushrooms, Napa Cabbage, Aged Soy

\$25

Roasted Tasmanian Salmon

Israeli Couscous, Cucumber, Tomato Confit

\$25

