



ROWLAND'S

AT WESTGLOW RESORT & SPA

SPA MENU



STARTERS

Lobster Cake

Sweet Peas, Carrot
\$11

Braised Prince Edward Island Mussels

\$9

Rowland's House Salad

Charlotte's Greens, Garden Vegetables, Lavender-Tarragon Vinaigrette
\$7

Hebi Sashimi

Yuzu, White Soy, Cucumber
\$11

Heirloom Tomato Salad

Gazpacho, Aged Balsamic
\$9



ENTRÉES

Miso Broiled Sea Bass

Chinese Black Rice, Bok Choy
\$29

Pan Seared Scallops

Grapes, Endive
\$25

Hawaiian Tasmanian Salmon

Summer Squash, Mustard
\$26

Pan Roasted Springer Mtn. Chicken

Garden Vegetables, Lemon Jus
\$22

Rowland's Prime Aged Filet Mignon

Tellicherry Pepper Crusted, Milled Potatoes, Asparagus, Cabernet Sauce
\$29

Kurobuta Pork Tenderloin

Farmer's Market Succotash, Frisee
\$28

Warm Israeli Couscous Salad

Grilled Vegetable Kebobs
\$20





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DESSERTS

Sylvia's Chocolate Molten Lava Cake
Crème Anglaise, Vanilla Ice Cream
\$12

Strawberry Crostata
Marscapone Ice Cream, Aged Balsamic
\$9

Chocolate Torte
Almond Genoise, Raspberry
\$12

Bananas Foster Napoleon
Spiced Rum Chantilly
\$9

Chef's Selection of Artisan Cheeses
\$14

House Made Sorbet or Ice Cream
\$7



SWEET ENDINGS

Warres Ruby Port 6

Graham's 10 Year Tawny Port 9.5

Dow's 20 Year Tawny Port 14.5

Harvey's Bristol Cream Sherry 6

Bonny Doon Framboise 9

Rowland-Tini 11



COFFEES AND TEAS

Espresso 4.5

Cappuccino 5

Irish Coffee 9

Specialty Teas 3

Bonnie's Blend Coffee 3

